

Linda Cuthbert

Linda is founder and principal of Breakthrough Performance, a management consulting group focused on learning and organizational development. With her specific expertise in lean management systems, clients realize sustainable benefits in productivity, quality and employee engagement. She brings a driving energy and collaborative approach to helping clients achieve results that matter.

Linda was a national diving champion representing Canada at international games and grand prix events. She won a pair of bronze medals at Pan Am Games, silver at the World Junior Championships and gold at the Commonwealth Games.

Since retiring as an athlete after the 1980 Olympic boycott, Linda has been an active contributor and respected leader in the high performance sports community including:

- Elected regional representative for the Americas on the international Sport Committee of the Commonwealth Sport Federation (2016 - present)
- Board of Directors, Commonwealth Games Canada (2006 - 2016)
- President of Diving Plongeon Canada, President of Aquatics Canada, and board member of the 2005 World Aquatic Championships Organizing Committee

Awards and recognitions include: Inductee to the Canadian Aquatic Hall of Fame, Government of Ontario Achievement Award, and one of CAAWS Canada's 20 most influential women in sport and physical activity.

Linda is currently a member of the COC Ethics Committee and the Ethics Resource person supporting complainants through the reporting process. Linda completed the basic and advanced ADR training with Stitt Feld Handy / University of Windsor.

Linda's interests include snowboarding, roller blading, music, and movies and she finds her happy place with friends and family at the cottage on the lake.